

This is a plain language summary of an existing poster (MeP20.4.LB) presented at EACS 2025 with non-technical language and formatting to help make the information accessible to a wider audience. This summary includes key information only, so please scan the QR code to see the full poster with more details.



Experiences of People Who Use Different LongActing Injectables For HIV Prevention

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Poster MeP20.4.LB

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How does HIV affect the body?

Human immunodeficiency virus (HIV) makes copies of itself throughout the body and kills the CD4 cells that fight off infections

How can HIV be prevented?

A person who may be exposed to HIV can take pre-exposure prophylaxis (also known as PrEP), a medicine that stops the virus from making copies of itself inside the body, thereby greatly reducing the chance of acquiring HIV

What PrEP medicine was studied here?

- This study compared two different long-acting injectable PrEP medicines, cabotegravir (CAB), taken as 1 injection and lenacapavir (LEN), taken as 2 injections
- Understanding people's experiences with different long-acting PrEP options is important

What was the purpose of this study?

This study compared people's experiences with local reactions such as swelling, bumps, pain, or redness that can happen at the spot where an injection is given on the body (known as injection site reactions) with CAB injections versus LEN injections

People received each of the treatments in sequence and completed questionnaires about their experiences 7 days after injection. Healthcare providers checked for any reactions at the site of injection up to 21 days after injection.



CAB (1 dose, injection into the muscle)

Half of the people received CAB first, then LEN



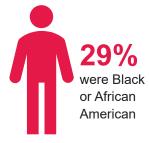
LEN (1 dose, injections under the skin)

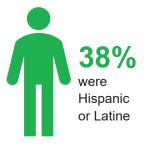
Half of the people received LEN first, then CAB

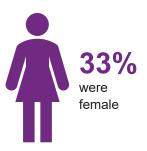
Who is included in this study?

63 adults who did not have HIV aged ≥18 years in the United States joined the study

- 61 people received a CAB injection and 62 people received LEN injections
- 61 people completed questionnaires about their experience with CAB and 60 people completed questionnaires about their experience with LEN







Which long-acting PrEP option was more acceptable?

?

After receiving a dose of CAB or LEN:

How acceptable was/were your local reactions?

How acceptable was your pain associated with your local reactions?

More people reported that local reactions with CAB injections were totally or very acceptable compared with LEN



(42 out of 61 people) reported **CAB** was "totally or very acceptable"



(29 out of 60 people) reported **LEN** was "totally or very acceptable"

Which long-acting PrEP option was preferred?

After receiving doses of both CAB and LEN, most people reported that they preferred CAB



After receiving both CAB and LEN: which medication do you prefer?

90% preferred CAB (54/60 people)



10% preferred LEN (6/60 people)

Reasons for preferring CAB

Of the 54 people who preferred CAB:



40 said less pain during injection administration



said less pain or soreness after injection administration



said how long the injection nodules or swelling last



said the size of the injection nodules or swelling



29 said the number of injections received at each visit

Reasons for preferring LEN

Of the 6 people who preferred LEN:



5 said less pain or soreness after injection administration



3 said how long the injection nodules or swelling last



3 said the size of the injection nodules or swelling



3 said fewer number of side effects



2 said less severe side effects

How many people experienced local reactions while receiving CAB compared with LEN?

People reported more severe pain with LEN compared with CAB on Day 1 of injection, though people reported similar pain with CAB and LEN after that



had a local reaction other than pain when receiving CAB



had a local reaction other than pain when receiving LEN

What does this mean for people who are thinking about using long-acting PrEP?

- After receiving doses of both CAB and LEN, more people found that CAB injections were acceptable compared with LEN injections and most people reported that they preferred CAB
- More people experienced local reactions other than pain with LEN injections compared with CAB injections



Poster presentation title:

Cabotegravir Injections Are More Acceptable Than Lenacapavir Injections Following a Single Dose: Results From CLARITY, a Randomized Crossover Study of Long-Acting Injectable Antiretrovirals

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